



**time to  
breathe**

Outdoor workers have  
a right to clean air

# Air pollution It's exhausting

Exposure to high levels of  $\text{NO}_2$  in exhaust fumes damages the lungs and heart.

Outdoor workers can be more at risk.

[www.britsafe.org/timetobreathe](http://www.britsafe.org/timetobreathe)